



JACOB'S WELL

## Psychotherapy

Besides the three models of psychoanalysis suggested by the International Psychoanalytical Association (IPA) —Eitingon, French, and Uruguayan — clinical sessions held 1 to 2 times a week are defined as psychotherapy.

Adhering to the IPA guideline for clinical sessions, Jacob's Well offers psychoanalytic or psychodynamic psychotherapy sessions 1 to 2 times a week.